

## Microbiome Information for: Celiac Disease

### For prescribing Medical professionals Review

The suggestions below are based on an Expert System (Artificial Intelligence) modelled after the MYCIN Expert System produced at Stanford University School of Medicine in 1972. The system uses over 1,800,000 facts with backward chaining to sources of information. The typical sources are studies published on the US National Library of Medicine.

Many recent studies has found that symptoms and symptom severity has strong associations to the microbiome for many conditions. Correcting the microbiome dysfunction is beleived to reduce the severity of symptoms. In some cases, this correction may cause symptoms to disappear.

These are *a priori suggestions* that are predicted to independently reduce microbiome dysfunction. Suggestions should *only be done after a review* by a medical professional factoring in patient's conditions, allergies and other issues.

**This report may be freely shared by a patient to their medical professionals**

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Best practise for making microbiome adjustments is to obtain the individuals microbiome. The following are the best microbiome to use with this expert system model. The suggestions below are intended as temporary suggestions until a test result in received.

In the USA

Ombre (<https://www.ombrelab.com/>)

Thome (<https://www.thome.com/products/dp/gut-health-test>)

Worldwide: BiomeSight (<https://biomesight.com>) - Discount Code 'MICRO'

### Analysis Provided by Microbiome Prescription

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## Bacteria being reported because of atypical values.

These bacteria were reported atypical in studies of Celiac Disease

*Nota Bena:* Many studies are done with a small sample size or mixtures of condition subsets which can greatly diminish the ability to detect bacteria shifts.

Bacteria Name	Rank	Shift	Taxonomy ID	Bacteria Name	Rank	Shift	Taxonomy ID
Bacteroidia	class	Low	200643	Megamonas	genus	Low	158846
Fusobacteriia	class	Low	203490	Megasphaera	genus	High	906
Christensenellaceae	family	Low	990719	Methanobrevibacter	genus	Low	2172
Desulfovibrionaceae	family	High	194924	Neisseria	genus	High	482
Enterobacteriaceae	family	High	543	Parabacteroides	genus	Low	375288
Fusobacteriaceae	family	Low	203492	Parvimonas	genus	Low	543311
Oxalobacteraceae	family	High	75682	Romboutsia	genus	High	1501226
Peptostreptococcaceae	family	High	186804	Rothia	genus	Low	32207
Ruminococcaceae	family	Low	541000	Ruminiclostridium	genus	Low	1508657
Staphylococcaceae	family	High	90964	Ruminococcus	genus	Low	1263
Streptococcaceae	family	Low	1300	Senegalimassilia	genus	Low	1473205
Actinomyces	genus	Low	1654	Slackia	genus	Low	84108
Akkermansia	genus	Low	239934	Staphylococcus	genus	High	1279
Alistipes	genus	Low	239759	Streptococcus	genus	High	1301
Allisonella	genus	High	209879	Subdoligranulum	genus	Low	292632
Anaerostipes	genus	Low	207244	Sutterella	genus	High	40544
Anaerotruncus	genus	Low	244127	Actinomycetales	order	High	2037
Barnesiella	genus	Low	397864	Campylobacteriales	order	Low	213849
Bifidobacterium	genus	Low	1678	Candidatus Gastranaerophilales	order	High	1906119
Bilophila	genus	Low	35832	Bacteroides acidifaciens	species	High	85831
Blautia	genus	Low	572511	Bacteroides fragilis	species	High	817
Butyrivibrio	genus	Low	574697	Bifidobacterium angulatum	species	High	1683
Candidatus Soleaferrea	genus	High	1470353	Bifidobacterium animalis	species	Low	28025
Catenibacterium	genus	High	135858	Bifidobacterium bifidum	species	High	1681
Dialister	genus	Low	39948	Bifidobacterium breve	species	High	1685
Dorea	genus	Low	189330	Bifidobacterium longum	species	Low	216816
Eisenbergiella	genus	Low	1432051	Bifidobacterium pseudocatenulatum	species	Low	28026
Enterococcus	genus	High	1350	Candida albicans	species	High	5476
Enterorhabdus	genus	Low	580024	Clostridium celatum	species	High	36834
Erysipelatoclostridium	genus	Low	1505663	Escherichia coli	species	High	562
Faecalibacterium	genus	Low	216851	Eubacterium coprostanoligenes	species	Low	290054
Gemella	genus	Low	1378	Helicobacter pylori	species	High	210
Gemmiger	genus	Low	204475	Klebsiella oxytoca	species	High	571
Granulicatella	genus	Low	117563	Phocaeicola vulgatus	species	High	821
Haemophilus	genus	High	724	Roseburia intestinalis	species	High	166486
Helicobacter	genus	High	209	Rothia mucilaginosa	species	High	43675
Lachnoclostridium	genus	High	1506553	Saccharomyces cerevisiae	species	High	4932
Lachnospira	genus	Low	28050	Staphylococcus epidermidis	species	High	1282
				Staphylococcus pasteurii	species	High	45972

## Substance to Consider Adding or Taking

These are the most significant substances that are likely to improve the microbiome dysfunction. Dosages are based on the dosages used in clinical studies. For more information see: <https://microbiomeprescription.com/library/dosages>. These are provided as examples only

Colors indicates the type of substance: i.e. probiotics and prebiotics, herbs and spices, etc. There is no further meaning to them.

Antibiotics annotated with [CFS] have been used with various degree of success with Myalgic Encephalomyelitis, Chronic Fatigue Syndrome, Chronic Lyme, Chronic Q-Fever and Long COVID conditions. Rotation of antibiotics with 3 weeks off between courses is recommended.

Ethyl alcohol {Grain alcohol}

Ferrum {Iron Supplements} 400 mg/day

high-fat diets

High-protein diet {Atkins low-carbohydrate diet}

## Substance to Consider Reducing or Eliminating

These are the most significant substances have been identified as probably contributing to the microbiome dysfunction.

In some cases blood work may show low levels of some vitamins, etc. listed below. This may be due to *greedy* bacteria reported at a high level above. Viewing bacteria data on the Kyoto Encyclopedia of Genes and Genomes (<https://www.kegg.jp/>) may provide better insight on the course of action to take.

(2->1)-beta-D-fructofuranan {Inulin}

dietary fiber

Fiber, total dietary

fruit

fruit/legume fibre

Hordeum vulgare {Barley}

Lactobacillus plantarum {L. plantarum}

oligosaccharides {oligosaccharides}

Slow digestible carbohydrates. {Low Glycemic}

whole-grain diet

yogurt

## Sample of Literature Used

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Abdominal Aortic Aneurysm

Acne

Addison's Disease (hypocortisolism)

ADHD

Age-Related Macular Degeneration and Glaucoma

Allergic Rhinitis (Hay Fever)

Allergies

Allergy to milk products

Alopecia (Hair Loss)  
Alzheimer's disease  
Amyotrophic lateral sclerosis (ALS) Motor Neuron  
Ankylosing spondylitis  
Anorexia Nervosa  
Antiphospholipid syndrome (APS)  
Asthma  
Atherosclerosis  
Atrial fibrillation  
Autism  
Autoimmune Disease  
Barrett esophagus cancer  
benign prostatic hyperplasia  
Biofilm  
Bipolar Disorder  
Brain Trauma  
Breast Cancer  
Cancer (General)  
Carcinoma  
cdkl5 deficiency disorder  
Celiac Disease  
Cerebral Palsy  
Chronic Fatigue Syndrome  
Chronic Kidney Disease  
Chronic Lyme  
Chronic Obstructive Pulmonary Disease (COPD)  
Chronic Urticaria (Hives)  
Coagulation / Micro clot triggering bacteria  
Cognitive Function  
Colorectal Cancer  
Constipation  
Coronary artery disease  
COVID-19  
Crohn's Disease  
Cushing's Syndrome (hypercortisolism)  
cystic fibrosis  
d-lactic acidosis (one form of brain fog)  
deep vein thrombosis  
Denture Wearers Oral Shifts  
Depression  
Dermatomyositis  
Eczema  
Endometriosis  
Eosinophilic Esophagitis  
Epilepsy  
erectile dysfunction  
Fibromyalgia  
Food Allergy  
Functional constipation / chronic idiopathic constipation  
gallstone disease (gsd)  
Gastroesophageal reflux disease (Gerd) including Barrett's esophagus  
Generalized anxiety disorder  
giant cell arteritis  
Glioblastoma  
Gout  
Graves' disease  
Gulf War Syndrome  
Halitosis

Hashimoto's thyroiditis  
Heart Failure  
hemorrhagic stroke  
Hemorrhoidal disease, Hemorrhoids, Piles  
Hidradenitis Suppurativa  
High Histamine/low DAO  
hypercholesterolemia (High Cholesterol)  
hyperglycemia  
Hyperlipidemia (High Blood Fats)  
hypersomnia  
hypertension (High Blood Pressure)  
Hypothyroidism  
Hypoxia  
IgA nephropathy (IgAN)  
Inflammatory Bowel Disease  
Insomnia  
Intelligence  
Intracranial aneurysms  
Irritable Bowel Syndrome  
ischemic stroke  
Juvenile idiopathic arthritis  
Liver Cirrhosis  
Long COVID  
Low bone mineral density  
Lung Cancer  
Lymphoma  
Mast Cell Issues / mastitis  
ME/CFS with IBS  
ME/CFS without IBS  
membranous nephropathy  
Menopause  
Metabolic Syndrome  
Mood Disorders  
multiple chemical sensitivity [MCS]  
Multiple Sclerosis  
Multiple system atrophy (MSA)  
myasthenia gravis  
neuropathic pain  
Neuropathy (all types)  
neuropsychiatric disorders (PANDAS, PANS)  
Nonalcoholic Fatty Liver Disease (nafld) Nonalcoholic  
NonCeliac Gluten Sensitivity  
Obesity  
obsessive-compulsive disorder  
Osteoarthritis  
Osteoporosis  
pancreatic cancer  
Parkinson's Disease  
Peanut Allergy  
Polycystic ovary syndrome  
Postural orthostatic tachycardia syndrome  
Premenstrual dysphoric disorder  
primary biliary cholangitis  
Primary sclerosing cholangitis  
Psoriasis  
rheumatoid arthritis (RA),Spondyloarthritis (SpA)  
Rosacea  
Schizophrenia

**scoliosis**  
**sensorineural hearing loss**  
**Sjögren syndrome**  
**Sleep Apnea**  
**Slow gastric motility / Gastroparesis**  
**Small Intestinal Bacterial Overgrowth (SIBO)**  
**Stress / posttraumatic stress disorder**  
**Systemic Lupus Erythematosus**  
**Tic Disorder**  
**Tourette syndrome**  
**Type 1 Diabetes**  
**Type 2 Diabetes**  
**Ulcerative colitis**  
**Unhealthy Ageing**  
**Vitiligo**