

Microbiome Information for: deep vein thrombosis

For prescribing Medical professionals Review

The suggestions below are based on an Expert System (Artificial Intelligence) modelled after the MYCIN Expert System produced at Stanford University School of Medicine in 1972. The system uses over 1,800,000 facts with backward chaining to sources of information. The typical sources are studies published on the US National Library of Medicine.

Many recent studies has found that symptoms and symptom severity has strong associations to the microbiome for many conditions. Correcting the microbiome dysfunction is beleived to reduce the severity of symptoms. In some cases, this correction may cause symptoms to disappear.

These are a *a priori suggestions* that are predicted to independently reduce microbiome dysfunction. Suggestions should *only be done after a review* by a medical professional factoring in patient's conditions, allergies and other issues.

This report may be freely shared by a patient to their medical professionals

Best practise for making microbiome adjustments is to obtain the individuals microbiome. The following are the best microbiome to use with this expert system model. The suggestions below are intended as temporary suggestions until a test result in received.

In the USA

Ombre (<https://www.ombrelab.com/>)

Thome (<https://www.thome.com/products/dp/gut-health-test>)

Worldwide: BiomeSight (<https://biomesight.com>) - Discount Code 'MICRO'

Analysis Provided by Microbiome Prescription

A Microbiome Analysis Company

892 Lake Samish Rd, Bellingham WA 98229

Email: Research@MicrobiomePrescription.com

Bacteria being reported because of atypical values.

These bacteria were reported atypical in studies of deep vein thrombosis

Nota Bena: Many studies are done with a small sample size or mixtures of condition subsets which can greatly diminish the ability to detect bacteria shifts.

Bacteria Name	Rank	Shift	Taxonomy ID	Bacteria Name	Rank	Shift	Taxonomy ID
Streptococcaceae	family	Low	1300	Shigella	genus	High	620
Anaerostipes	genus	Low	207244	Streptococcus	genus	Low	1301
Butyrivibrio	genus	Low	830	Subdoligranulum	genus	Low	292632
Citrobacter	genus	High	544	Lactobacillales	order	Low	186826
Dialister	genus	Low	39948	ATCC VR-2282	species	High	83558
Eisenbergiella	genus	Low	1432051	Escherichia coli	species	High	562
Enterobacter	genus	High	547	Haemophilus influenzae	species	High	727
Escherichia	genus	High	561	Haemophilus parainfluenzae	species	High	729
Eubacterium	genus	Low	1730	Helicobacter pylori	species	High	210
Pseudobutyrvibrio	genus	Low	46205	Klebsiella pneumoniae	species	High	573
Roseburia	genus	Low	841	Pseudomonas aeruginosa	species	High	287
Ruminococcus	genus	Low	1263	Staphylococcus aureus	species	High	1280
				Streptococcus pyogenes	species	High	1314

Substance to Consider Adding or Taking

These are the most significant substances that are likely to improve the microbiome dysfunction. Dosages are based on the dosages used in clinical studies. For more information see: <https://microbiomeprescription.com/library/dosages>. These are provided as examples only

Colors indicates the type of substance: i.e. probiotics and prebiotics, herbs and spices, etc. There is no further meaning to them.

Antibiotics annotated with [CFS] have been used with various degree of success with Myalgic Encephalomyelitis, Chronic Fatigue Syndrome, Chronic Lyme, Chronic Q-Fever and Long COVID conditions. Rotation of antibiotics with 3 weeks off between courses is recommended.

(r) -naproxen sodium salt,(prescription)
 5-fluorouracil,(prescription)
 aspartame (sweetner)
 bifidobacterium longum bb536 (probiotics)
 carob
 cinoxacin (antibiotic)
 colinfant e.coli probiotics
 dairy
 d-ribose 10 gram/day
 enoxacin (antibiotic)
 fleroxacin (antibiotic)
 floxuridine,(prescription)
 flumequine (antibiotic)
 fluorine
 gluten-free diet
 high-protein diet
 ibuprofen
 iron 400 mg/day
 ku ding cha tea
 lactose
 l-glutamine 5 gram/day
 linseed(flaxseed) 30 mg/day
 lomefloxacin hydrochloride (antibiotic)
 loperamide hydrochloride,(prescription)
 low carbohydrate diet
 mannooligosaccharide (prebiotic) 8 gram/day
 melatonin supplement 10 mg/day
 metformin (prescription)
 nalidixic acid sodium salt (antibiotic)
 norfloxacin (antibiotic)
 oxolinic acid (antibiotic)
 pefloxacin (antibiotic)
 piperidic acid (antibiotic)
 pivmecillinam hydrochloride (antibiotic)
 proton-pump inhibitors (prescription) 60 mg/day
 red alga Laurencia tristicha
 ribostamycin sulfate salt (antibiotic)
 risperidone,(prescription)
 sisomicin sulfate (antibiotic)
 smoking
 spectinomycin dihydrochloride (antibiotic)
 symbioflor 2 e.coli probiotics
 thioguanosine,(prescription)
 triclosan
 vegetable/fruit juice-based diets
 Vitamin B1,thiamine hydrochloride 1.8 gram/day
 Vitamin B9,folic acid 5 mg/day
 Vitamin C (ascorbic acid) 30 g/day
 zidovudine; azt,(prescription)

Retail Probiotics

Over 260 retail probiotics were evaluated with the following deemed beneficial with no known adverse risks.

symbiopharm / symbioflo 2
PharmExtracta (IT) / FG5 Forte In Sachets
jarow formulas / bifidus balance® + fos
PrecisionBiotics / Zenflore
Microbiome Labs / ZENBIOME Dual
SuperSmart / Bifidobacterium longum (BB536)
powerlabs (au) / ultra blend

Note: Some of these are only available regionally – search the web for sources.

Substance to Consider Reducing or Eliminating

These are the most significant substances have been identified as probably contributing to the microbiome dysfunction.

In some cases blood work may show low levels of some vitamins, etc. listed below. This may be due to *greedy* bacteria reported at a high level above. Viewing bacteria data on the Kyoto Encyclopedia of Genes and Genomes (<https://www.kegg.jp/>) may provide better insight on the course of action to take.

amikacin (antibiotic)s
amoxicillin (antibiotic)s[CFS]
ampicillin (antibiotic)s[CFS]
benzylpenicillin sodium (antibiotic)
ciprofloxacin (antibiotic)s[CFS]
fluoroquinolone (antibiotic)s
gentamicin (antibiotic)s

imipenem (antibiotic)s
lactobacillus plantarum (probiotics)
oregano (origanum vulgare, oil) |
piperacillin-tazobactam (antibiotic)s
tetracycline (antibiotic)s
thyme (thymol, thyme oil)
trimethoprim (antibiotic)s
vancomycin (antibiotic)[CFS]

Sample of Literature Used

The following are the most significant of the studies used to generate these suggestions.

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Acne
ADHD
Allergic Rhinitis (Hay Fever)
Allergies
Alopecia (Hair Loss)
Alzheimer's disease
Amyotrophic lateral sclerosis (ALS) Motor Neuron
Ankylosing spondylitis
Anorexia Nervosa
Antiphospholipid syndrome (APS)
Asthma
Atherosclerosis
Autism
Autoimmune Disease
Barrett esophagus cancer
Bipolar Disorder
Brain Trauma
Carcinoma
Celiac Disease
Cerebral Palsy
Chronic Fatigue Syndrome

Chronic Kidney Disease
Chronic Lyme
Chronic Obstructive Pulmonary Disease (COPD)
Chronic Urticaria (Hives)
Coagulation / Micro clot triggering bacteria
Colorectal Cancer
Constipation
Coronary artery disease
COVID-19
Crohn's Disease
cystic fibrosis
deep vein thrombosis
Depression
Dermatomyositis
Eczema
Endometriosis
Eosinophilic Esophagitis
Epilepsy
Fibromyalgia
Functional constipation / chronic idiopathic constipation
gallstone disease (gsd)
Gastroesophageal reflux disease (Gerd) including Barrett's esophagus
Generalized anxiety disorder
Gout
Graves' disease
Hashimoto's thyroiditis
Hidradenitis Suppurativa
Histamine Issues From Ubiome
Histamine Issues, Mast Cell Issue, DAO Insufficiency
hypercholesterolemia (High Cholesterol)
hyperglycemia
Hyperlipidemia (High Blood Fats)
hypersomnia
hypertension (High Blood Pressure)
Hypoxia
IgA nephropathy (IgAN)
Inflammatory Bowel Disease
Insomnia
Intelligence
Irritable Bowel Syndrome
Juvenile idiopathic arthritis
Liver Cirrhosis
Long COVID
Lung Cancer
ME/CFS with IBS
ME/CFS without IBS
Menopause
Metabolic Syndrome
Mood Disorders
Multiple Sclerosis
Multiple system atrophy (MSA)
Neuropathy (all types)
neuropsychiatric disorders (PANDAS, PANS)
Nonalcoholic Fatty Liver Disease (nafld) Nonalcoholic
NonCeliac Gluten Sensitivity
Obesity
obsessive-compulsive disorder
Osteoarthritis

Osteoporosis
Parkinson's Disease
Postural orthostatic tachycardia syndrome
Premenstrual dysphoric disorder
Psoriasis
rheumatoid arthritis (RA),Spondyloarthritis (SpA)
Rosacea
Schizophrenia
Sjögren syndrome
Sleep Apnea
Small Intestinal Bacterial Overgrowth (SIBO)
Stress / posttraumatic stress disorder
Systemic Lupus Erythematosus
Tic Disorder
Tourette syndrome
Type 1 Diabetes
Type 2 Diabetes
Ulcerative colitis
Unhealthy Ageing